

QuiteNite™

Fractional C02 Laser Therapy

As many as 90 million Americans report snoring at one time or another, while 37 million say they snore regularly¹



Millions of people suffer from the irritating side effects of snoring. Snoring is an acoustic affect which occurs during our sleep. It is fundamentally associated with the vibration of the flaccid soft tissue of our soft palate and uvula in conjunction with a decrease in airway volume. Disturbed sleep affects daytime energy and often leads to drowsiness, irritability, headaches, sore throats, decreased mood, concentration and compromised decision making.

Rapid Relief From Snoring

The QuiteNite™ fractional C02 laser therapy system delivers precise, controlled pulses of light energy to the soft palate resulting in an increase in collagen and a firming of the overlying tissues. This in turn, decreases the vibration of the tissue and increases airway volume. The result is **a measurable decrease in the incidence and severity of snoring.**

The QuiteNite™ Treatment; *FAST, Easy & Effective*

The procedure takes five minutes to complete, does not require any numbing and there is no special preparation beforehand or instructions afterwards. After this non-invasive 5 minute treatment, patients can resume their normal daily routine. Measurable results are realized subsequent to performing two treatments at a 21 to 28 day interval. Some of the benefits of the QuiteNite™ fractional laser therapy treatments include;

- Significantly reduced or eliminated snoring
- Immediate and lasting results
- A better quality, deeper, longer night's sleep for you and your partner!
- Elimination of morning dryness, sore throats and headache
- Increased daytime energy, awareness & better mood
- Improved concentration, decision making, memory, focus & learning



Ask your healthcare professional how non-invasive QuietNite™ fractional laser therapy can reduce the incidence and severity of your snoring and improve sleep for you and your partner today!

¹Ref <https://www.yalemedicine.org/conditions/snoring>